

DECEMBER
2011



33 Shattuck Street
Littleton, MA 01460

Phone: 978-540-2470
Fax: 978-952-2363

www.littletonma.org

COA Office Hours: Monday - Friday 8:30 a.m. to 4:30 p.m.
COA Outreach Hours: Monday - Thursday 9:00 a.m. to 3:00 p.m.

**** EMERGENCY INFORMATION ****

In order to better serve the community in case of emergency, we are asking **all** residents to complete the **Community Notification Enrollment** Form located on Littleton's Electric Light and Water Department's website www.lelwd.com. If you would prefer, you may contact Kevin Goddard at Littleton Electric Light and Water Department, Monday-Thursday at 978-540-2222 and he will assist you. Also you may call the Office of Elder and Human Services, 978-540-2470, and we would be happy to help you register as well.

In case of emergency situations or critical community alerts you can be notified on your landline, cell phone, or work number. You may add up to five numbers to be notified. What a great service this is! We learned from the recent snow storm that it is critical that you register all of your numbers (especially your cell phone number) so you can receive vital information to help keep you safe.

 *HAPPY and PEACEFUL HOLIDAYS* 
*From the Staff, COA Board, Friends of the
COA and Volunteers of Littleton Elder
and Human Services.*

BOARD MEMBERS

George A. Sanders, Chairman
Louise Curley, Vice Chairwoman
Robert Stetson, Secretary
Wilma Sorgente, Treasurer
Mary Catalanotto, Barbara Kamb,
Mary Kaye, Mary Dugan,
Rosemarie DiBacco, Barry M. Curcio
Marsha Russell

STAFF

Janice Nowicki, Director 978-540-2471
Tina Maeder, Outreach Coordinator 978-540-2472
Carolyn Harlow, Dispatcher
Patricia Foster, Dispatcher
Neil Campbell, MART Driver
Norman Harlow, MART Driver
George Ogilvie, MART Driver
Gayle Dalton, Meal Site Manager 978-540-2474

The Board meets the 2nd Monday of each month at 1:30 p.m. in Room 230

Day Trips Coordinators: Lois Soule and Joyce Newman

Broadcaster Editor: Rosemarie DiBacco

ENRICHING THE SENIOR COMMUNITY

LITTLETON SENIOR
BROADCASTER



COA DAY TRIPS

BOSTON POPS CHRISTMAS MATINEE AND SHOPPING

Date: Thursday, December 8, 2011

Cost: \$76.

1:00 p.m. - Depart from the LCOA Diner Area
Time for shopping
7:30 p.m. - Arrive home

Explore Copley Plaza and the Prudential Center for shopping and eating. Then travel to the Boston Pops for their inspiring Christmas music. Gaze in wonder at the lights on the way home.

Last date for sign-up - November 18.

Payment to be made at time of reservation and payable by check or money order to: Fox Tours.

Please call 978-540-2470 for more information.

We will not be scheduling any trips in January or February. Keep an eye out for trips being planned for the Spring! Thanks to the folks who have gone on the trips we have been on so far and hope they had an enjoyable time.

SCHOLARSHIPS FOR TRIPS

We have a limited number of scholarships available for folks who would like to go on one of the trips but financially are unable to pay. Information will be held confidential. See Janice or Tina.



NEIGHBORHOOD SUPPER

The Neighborhood Supper continues to serve a free, nutritious meal every Tuesday evening from 5:30 - 6:30 p.m. at the Congregational Church, 330 King

St., Littleton. All are welcome

December 15th at Noon

Holiday Party

in the Multi-Purpose Room/
Senior Diner. Bring a dish to share. Entertainment, food, and fun. Hope you can join us as we celebrate the season! RSVP by December 12 - 978-540-2470.



December 19th at 11:00

Cookie Exchange

Would you like to participate in a cookie swap/exchange? Bring in a dozen of your favorite cookies and the recipe to "swap" and share. RSVP by December 17 - 978-540-2470.

December 23rd at 11:00

Christmas cookies, hot chocolate and Christmas Carols

Come join our fun! RSVP by December 21 - 978-540-2470.

December 30th at 11:00

New Year's Celebration

Join us for food and fun as we welcome in 2012 with a "toast"! RSVP by December 29 - 978-540-2470.

BINGO

AT THE SENIOR DINER

Friday afternoons from 1:00 - 2:30.

Please join us



SENIOR BOWLING

Monday through Thursday 9:00-5:00

Friday 9:00-2:00

2 Games and Shoes - \$6.00, 1 Game & Shoes - \$4.00. Socialize while you exercise! Complimentary Coffee!

Acton Bowladrome - 978-263-7638



INDIAN HILL MUSIC

'BACH'S LUNCH' CONCERT: Indian Hill Music School's free monthly faculty series presents harpsichordist Joseph DiMarino and friends: **TWO SHOWS - Thursday, December**

15 at 11 am and 1:30 pm, 36 King Street (Rte. 495/Exit 30), Littleton, MA.

Coffee, tea and cookies served; bring your lunch. FREE admission. Reserve a table at (978) 486-9524 x116.

Learn more at www.indianhillmusic.org.



SENIOR SPOTLIGHT



The Friends of the COA lost a "special friend" and board member in October. Thank you for all you did, **Vickie Axtman**. We will miss you.

ST. ANNE PARISH Sunshine Club Bingo

On the third Thursday of every month, St. Anne Church on King Street in Littleton holds **Free** Bingo games for Seniors. The Bingo starts at 1:00 p.m. downstairs in the Church Hall. All seniors are welcome.

If you need transportation please call Denise Gibbons at 978-501-0681 and we will be happy to arrange it. Come and join the fun and make new friends.

CONGREGATIONAL CHURCH

Senior Bingo Afternoon

An afternoon of Bingo will take place at the Congregational Church on Thursday, **December 8** from 1 to 3:30 p.m. Please come and bring a friend to this "free" afternoon of fun, companionship, prizes and refreshments! *Look forward to seeing you all!*

VOLUNTEER OPPORTUNITIES

- * Do you have an interest, hobby, or skill that you would like to share? We are looking for folks to run different workshops, programs, and events.
- * Meals on Wheels Drivers
- * Nutrition Site Help - Wednesdays

See Jan if you are interested in volunteering.



BIRTHDAY LUNCHEON

December 14

HAPPY BIRTHDAY!

Your lunch will be paid for by Minuteman Senior Services. Cake provided by COA. Make reservations by calling 978-540-2474. All are welcome. Bring a friend.

LADIES' BREAKFAST

December 8 - 7:30 a.m. to 9:00 a.m.



MEN'S BREAKFAST

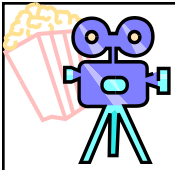
December 21- 7:30 a.m. to 9:00 a.m.

Senior Diner - Shattuck Street

Bacon, eggs, sausages, pancakes, home-fries, toast

Your \$2.00 donation will be given to the Friends of the COA to support Friends/COA programs

Need a ride? **Call: 978-540-2470 - COA VAN**



MOVIE OF THE MONTH

December 9th at 2:00 *“It’s A Wonderful Life”* Join us for this showing of the classic Holiday movie. Refreshments will be served. RSVP 12/7 - 978-540-2470.

“HEALTHY ME” GROUP

December 7th at 10:00 *“Healthy Me”*. Join this group of folks committed to health and happiness.

Let’s plan for a great start to **“2012”**



FREE DRESS REHEARSALS AT CANNON THEATRE

The Cannon Theatre is offering free admission to Littleton seniors to their dress rehearsals.

The Cannon Theatre, 410 Great Road, Littleton
Please call 978-540-2470 for more information

LUNCH LADIES AND GENTLEMEN

December 12th - 9:00 a.m.

Meet at the Epicurean Feast at 295 Foster Street, Littleton for **BREAKFAST**.

RSVP by December 8 - 978-540-2470



Holiday Helpers Gift Giving Program

Please help a Littleton child in need by donating a gift or unwrapped toy item on (or before) **December 10th**.

You may pick up an ornament from the “Gift Giving Tree” at the Recreation Department in Town Hall. Can’t get to the Recreation Office? Just give them a call at 978-540-2490 and they will give you a child’s wish over the phone.

**** MART TRANSPORTATION ****

- Please schedule your appointments at least two business days ahead. We cannot accommodate same day appointments. If you know that you have an appointment, please call 978-540-2470 from 9:00 a.m. to 2:00 p.m. Monday through Friday, except holidays, to schedule your ride as soon as possible.
- When scheduling your appointment you **MUST** have the **EXACT** street, number and town of where you are going, as well as a pick up time at your home and when you are finished with your appointment.
- Be ready at least one half hour before your pick up time and expect to wait at least one half hour for your pick up. **Time for appointments must be between 9 a.m. and return to Littleton by 3 p.m.**
- In order to serve you better, when making a reservation for transportation, please **DO NOT** leave your requests on the answering machine.

Please Note:

- *If you have someone accompany you on the ride, they also will have to pay.*
- *Due to the increase in volume of rides, it is possible that you will have to be picked up earlier than your requested pickup time for your appointment or that you will have to wait on your return trip. All efforts are being made to accommodate everyone.*

**LITTLETON COA MART VAN CHARGES
(Van service for Seniors and the disabled)**

If the MART Van departure and return to Littleton is 15 miles or greater, your cost is \$7.00, except as noted below:

<u>Monday-Friday 9 a.m.-3 p.m.</u>	<u>Each Way</u>
Medical appointments in Town	\$1.50
Shopping in Town	\$1.50
Medical appointments *out of Town	\$2.00
Shopping *out of Town	\$2.00
*Medical & Shopping out of Town " ONLY " to: Harvard, Ayer, Groton, Westford, Acton and Concord. \$2.00	
<u>2nd Wednesday of month</u>	
WALMART (N. Chelmsford only)	10 am - 2 pm
Round Trip \$5.00	<u>(Special Rate)</u>
<u>4th Wednesday of month</u>	
PHEASANT LANE MALL (NH)	10 am - 2 pm
Round Trip \$7.00	<u>(Special Rate)</u>
<u>Mondays:</u>	
Shopping at MARKET BASKET	10 am - 2:00 pm
Shopping at DONELAN'S	10 am - 2:00 pm
<u>Men's and Ladies' Monthly Breakfasts</u>	Roundtrip \$2.00 <u>(Special Rate)</u>

REMINDER

**If you use the van on a weekly basis, please call 48 hours in advance EVERY week. Other-
wise, you will not get on the list.**

LITTLETON COUNCIL ON AGING
P. O. BOX 1305
33 SHATTUCK ST., ROOM 231
LITTLETON, MA 01460
RETURN SERVICE REQUESTED

BULK RATE
US POSTAGE
PAID
LITTLETON, MA
PERMIT NO. 19