MyBenefits Registration Overview
www.metlife.com/mybenefits

Overview
MyBenefits provides you with a personalized, integrated and secure view of your MetLife-delivered benefits. You can take advantage of enrollment and self-service capabilities as well as a wealth of easy to access information including needs assessment calculators and oral health awareness material. MetLife is able to deliver services to you that empower you to manage your benefits and not have to rely on your employer.

As a first time user, you will need to register on MyBenefits. This will require you to follow the steps outlined below.

Registration Process for MyBenefits

Provide Your Company Name
Access MyBenefits at www.metlife.com/mybenefits and enter your company name and click ‘Next.’

The Login Screen
On the Home Page, you can access general information. To begin accessing personal plan information, click on ‘Register Now’ and perform the one-time registration process. Going forward, you will be able to log-in directly.

Registration Process
To access the registration page, follow the simple three-step process.

Step 1: Enter Personal Information
Enter your first and last name, Social Security number, date of birth and e-mail address.

Step 2: Create a User Name and Password
Then you will need to create a unique user name and password for future access to MyBenefits.

The User Name must be a minimum of 8 characters and include at least one letter and one number (i.e. johnsmith1 or 1234567b). The Password must be a minimum of 6 characters and include at least one letter and one number (i.e. jsmith2 or 23451a).

Step 3: Security Verification Questions
Lastly, you will need to choose and answer three identity verification questions, to be utilized in the event you forget your password.

Finally, you will be asked to read and agree to the Web site’s Terms of Use.

Completion of the Registration Process
All that is needed now, is for you to verify your personal information and then you can select the link to access the MyBenefits website.

Lastly, a confirmation of your registration will be sent to the e-mail address you provided during registration.